



FOR YOUTH DEVELOPMENT  
**FOR HEALTHY LIVING**  
 FOR SOCIAL RESPONSIBILITY

**BUTLER-GAST**  
**3501 AMES AVE**  
**402-453-8903**  
[www.facebook/bgymca](http://www.facebook/bgymca)  
[www.metroymca.org](http://www.metroymca.org)

## GYMNASIUM SCHEDULE

EFFECTIVE - SEPTEMBER 2011

TIME	M	T	W	TH	F	SAT	SUN
6	M.O.V.E. 6:30 - 7:30	→					
7	OPEN GYM	→					
8	Nova 1/2 GYM 8:30 - 9:30	→				DRILLS 1/2 SKILLS 8:30 - 9:30	
9	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN	
10	↓	↓	↓	↓	↓	↓	
11							
noon							OPEN GYM
1	↓	↓	↓	↓	↓	↓	↓
2							
3	TEENS AFTER SCHOOL	→				↓	↓
4	3- 5:30	→					
5	↓	→					
6	OPEN	HEALTHY FAMILIES 1/2	YOUTH SPORTS 1/2	OPEN	OPEN		
7	↓	↓		↓	↓		
8							
9	BUILDING	CLOSES	AT 9 PM				

SCHEDULE SUBJECT TO CHANGE